International Statistical Classification of Diseases and Related Health Problems, 10th Revision (ICD-10)

The International Statistical Classification of Diseases and Related Health Problems, 10th Revision (ICD-10) is the international standard diagnostic classification for general epidemiological, health management and clinical purposes. These include analysis and monitoring the incidence and prevalence of diseases and causes of death, as well as other health problems with respect to variables such as the characteristics and circumstances of the individuals affected. ICD-10 serves as a language-independent framework and has been translated into more than 40 languages.

The Components of ICD-10

ICD-10 consists of three volumes:

Volume 1. Tabular List contains an alphanumeric listing of codes for diseases, injuries, external causes of injury and poisonings, and factors influencing health status and contact with health services presented in 22 chapters with inclusion and exclusion notes and some coding rules. Codes representing the morphology of neoplasms are presented in a separate list. The international agreements about adoption of ICD in international reporting of health data (Nomenclature regulations) and special tabulation lists at different levels of aggregation for international reporting and comparisons are also included in Volume 1.

Volume 2. Instruction Manual contains an introduction to the classification and its history, explains ICD conventions, presents the international medical certificate of cause of death and gives instructions on coding causes of death reported according to that standard. It also provides guidance for coding of hospital medical records and other forms of health information. Volume 2 includes useful definitions for the calculation of statistical indicators and an overall introduction to statistical presentation of coded data.

Volume 3. Alphabetic Index is an alphabetical list of the diseases and conditions and their codes in the Tabular list. The Index is designed to enable the user to identify code(s) according to the clinical terminology used to describe diseases and other health conditions. It has separate sections for diseases, external causes, and drugs and chemical substances.

The diseases are organized in chapters according to two main criteria (variable axes):

- special disease chapters relating to the etiology of disease (infectious diseases, neoplasms, diseases originating in the perinatal period, injuries …)
- body system chapters (diseases of the digestive system, diseases of the respiratory system, …)

Generally, priority is given to assigning conditions to the special disease chapters, and this general concept has important implications in understanding how ICD-10 is structured and how to interpret the derived statistical data.

The process for updating ICD-10

The Update and Revision Committee (URC) manages the process for updating the ICD-10 and the ICF (International Classification of Functioning, Disability and Health), two core classifications in the WHO Family of International Classifications (WHO-FIC). The URC acts in the framework of the WHO-FIC Network of experts and takes into account submissions from the WHO-FIC reference groups, collaborating centres and other experts. The reference groups dealing with ICD-10 include the:

- Mortality Reference Group (MRG). This group identifies, discusses and solves problems related to the interpretation and application of ICD-10 to mortality coding and classification, supports the development of internationally applicable software for mortality classification, and addresses issues of analysis and assessment of mortality statistics; and
- Morbidity Reference Group (MbRG). This group identifies, discusses and solves problems related to interpretation and application of ICD-10 to mor-
morbidity coding and classification, through the development of agreed coding rules and guidelines.

Updates to the ICD-10 are approved annually at the annual meeting of the WHO-FIC Network.

How is ICD-10 used?

ICD-10 is used in public health, primary, secondary and tertiary care settings. In particular, it is used to classify diseases, injuries, external causes of injury and poisoning, reasons for encounter with health services, and other health problems recorded on many types of health and vital records, including death certificates and medical records. The resulting coded data form the basis for compiling international and national mortality and morbidity statistics; furthermore the use of ICD-10 facilitates the storage and retrieval of diagnostic information for clinical, epidemiological, public health surveillance, casemix, and quality assessment purposes, and provides a reference for treatment guidelines, scientific literature and research. When used together with other elements of the WHO-FIC such as the ICF, the ICD can be valuable to build a picture of health systems and the health of populations.

How do ICD-10 coded mortality and morbidity data differ?

ICD was first developed as a classification system of causes of death. Since 1948, it has been used for both mortality (causes of death) coding and morbidity (illness, injuries and reasons for contact with health services) coding.

Cause-of-death statistics are the most widespread sources of health information worldwide. The underlying cause of death (UCOD) defined as “(a) the disease or injury which initiated the train of morbid events leading directly to death or (b) the circumstances of the accident or violence which produced the fatal injury” (ICD-10, volume 2) is selected from the information reported on the WHO-recommended medical certificate of cause of death. ICD-10 is used to code the UCOD, which in turn determines statistical-epidemiological indicators. The UCOD is the core concept that allows cause-of-death comparison nationally and internationally. The guidelines for presentation of coded statistical data in ICD-10 facilitate international comparisons of mortality statistics. The coding and selection of the underlying cause in accordance with ICD provides a workable base of information with which to perform comparisons and statistical analyses.

There are many sources of morbidity data (e.g., medical records, disease registries, health surveys) and a variety of uses for these data as mentioned above. The condition to be used for single-condition morbidity analysis is the main condition. Main condition is “…the main condition treated or investigated during the relevant episode of health care. The main condition is defined as the condition, diagnosed at the end of the episode of health care, primarily responsible for the patient’s need for treatment or investigation. If there is more than one such condition, the one held most responsible for the greatest use of resources should be selected. If no diagnosis was made, the main symptom, abnormal finding or problem should be selected as the main condition.” (ICD-10, volume 2).

However, international comparisons of morbidity data are at present very limited and only for clearly defined purposes due to differences in: health systems and legal frameworks, national clinical modifications of the classification with variation in the definition of main condition and other coding rules, and language versions.

For additional information

WHO – Classifications: www.who.int/classifications
ICD: http://www.who.int/classifications/icd/en/
ICF: http://www.who.int/classifications/icf/en/